



Image credit: Evi T via unsplash.com

The Art of Doing Nothing Much at All

Rev. Shawn Gauthier

In-person and live streamed from the Sanctuary – August 25, 2024



Regular Office Hours: Monday to Thursday, 9:30 am to 2 pm

Tel: 604-261-7204 | **Email:** info@vanu.ca

WHAT'S HAPPENING TODAY?

10 am: Meditation Group (Meditation Room)

10:45/11 am – 12:15 pm: Children's Religious Education (Lindsey-Priestley/Fireside)

11 am: Sunday Service (Sanctuary)

12 pm: Coffee Hour (Hall)

WANT TO LIGHT A CANDLE?

Silent candles can be lit anytime at the front of the Sanctuary. Community Candles are read from the book of Joys & Concerns in the Foyer and from the Live Chat on YouTube during the service. Requests for candles can also be submitted in advance at <https://vanu.ca/candles> (before 9 am Sunday). A candle with an orange ribbon is always lit during our worship services in remembrance of the countless indigenous children who died at residential schools, the survivors and their families.

TODAY'S OUTREACH OPPORTUNITIES FUND RECIPIENT



The Outreach Opportunities Fund (OOF) recipient for July-October will be the Highs and Lows Choir (<https://highsandlowschoir.ca/>). The Highs and Lows Choir is a peer-managed four-part choral group that seeks to promote mental health and wellness by providing folks with lived experiences of mental health issues with access to low-barrier choral singing, musical activities and instruction.

For more information about the Outreach Opportunities Fund, visit:
<https://vanu.ca/services/outreach-opportunities-fund/>

Closing Hymn

STLT #83: *Winds Be Still*

Benediction & Extinguishing the Chalice Flame

Rev. Shawn Gauthier

Valediction

Carry the flame of peace and love, until we meet again (x2)

VANCOUVER UNITARIANS MINISTER & STAFF

MINISTER	Rev. Shawn Gauthier
DIRECTOR OF LIFESPAN FAITH DEVELOPMENT	Kiersten Moore
DIRECTOR OF ADMINISTRATION	Casey Wallace
MEMBERSHIP OUTREACH COORDINATOR	Derrick O’Keefe
OFFICE COORDINATOR	Marcus Hynes
BOOKKEEPER	Gordon Lowe
CHOIR DIRECTOR	David Buchan
MUSIC DIRECTOR	Elliott Dainow
TECH DIRECTOR	Christian Malcolm
HEAD CARETAKER	Paul Nash
CASUAL CARETAKERS	Chelsey Silveira, Vivian Davidson, Edgar Silveira, Abubakar Formuly, Mojave Adin, Nooriya Rokai
LAY CHAPLAINS	Cheryl Amundsen, Karen Bartlett, Laureen Stokes
MINISTER EMERITUS	Rev. Dr. Steven Epperson

The flowers this week have been provided by **Diane Donaldson**.

The artwork on display in the Sanctuary has been provided by **Ralph Sears**.

Vancouver Unitarians

949 West 49 Avenue, Vancouver, BC V5Z 2T1

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