



Image provided by Laureen Stokes

Dance Communion

Laureen Stokes & Andrea Cownden

In-person from the VanU Sanctuary – July 26, 2026

949 West 49 Avenue, Vancouver, BC V5Z 2T1

Regular Office Hours: Monday to Thursday, 9:30 am to 2 pm

Phone: 604-261-7204 | **Email:** info@vanu.ca | **Web:** www.vanu.ca

WHAT'S HAPPENING TODAY?

9 am: Chi Gong / Meditation (Meditation Room)

11:00 am – 12:30 pm: Children's Group (Lindsey-Priestley)

11 am: Sunday service (Sanctuary)

1 – 3 pm: VanU Youth (Hitschmanova)

WANT TO LIGHT A CANDLE?

Engaging Our Hearts, Heads, and Hands

There are many ways to deepen your experience of worship this morning:

* **Silent Candles:** Light a silent candle at the edge of the stage before, after, or at appropriate moments in the service.

* **Sorrowful Stones:** Drop a stone in the vase of water at the back of the sanctuary to express your feelings about the heartbreaking realities of our world.

* **Soul Work:** Kits are available in the foyer, for those who wish to do forms of hand-work during the service.

* **Community Candles:** To have a personal joy or sorrow shared with the congregation during the service, enter your request in the Book of Joys & Sorrows in the foyer, through the Live Chat on YouTube, or submit your request in advance of the service at <https://vanu.ca/candles>.

TODAY'S OUTREACH OPPORTUNITIES FUND RECIPIENT

From July through October 2026, our Outreach Opportunities Fund recipient will be the Carnegie Housing Project. The Carnegie Housing Project works with residents and community organizations to secure a future for the DTES that serves the needs of its residents.

The Carnegie Housing Project (CHP) delivers community-based research and organizing on issues related to social housing, income, and gentrification in the Downtown Eastside neighbourhood of Vancouver, BC. The Carnegie Housing Project is a project of the Carnegie Community Centre Association a registered charity.



CELEBRATION OF WORSHIP: 11:00AM, JULY 26, 2026

Prelude	<i>Habanera from Carmen</i> <i>Happy</i> <i>Linus and Lucy</i>	Georges Bizet Pharrell Williams Vince Guaraldi Elaine Joe, piano
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Words of Welcome & Land Acknowledgment		Laureen Stokes
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Life of the Congregation		John Omielan
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Widening Our Welcome

Opening Hymn	STLT #311: <i>Let It Be a Dance</i>	
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Opening Words		Laureen Stokes
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Kindling the Chalice Flame		Laureen Stokes
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Game for All Ages		Laureen Stokes & Andrea Cownden
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Offering		Laureen Stokes
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We continue to support the work of this congregation and our outreach opportunities recipient through an online offering. You may use <u>text-to-give</u> now (Simply text an amount to 778-771-1707 to get started today, or visit http://ucv.im/give for more information!) or <u>donate online</u> through our secure Breeze interface.		
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Offertory	<i>La Cumparsita</i>	Gerardo Rodriguez Elaine Joe, piano
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Community Candles		Mary Lage
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Dance Communion	I. The Meditation of Dancing Alone II. Dance as Conversation III. Dancing All Together	Laureen Stokes & Andrea Cownden
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Closing Hymn	STJ #1024: <i>When the Spirit Says Do</i>	
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Closing Words & Extinguishing the Chalice Flame		Laureen Stokes
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Valediction	<i>Carry the flame of peace and love, until we meet again</i> <i>Carry the flame of peace and love, until we meet again</i>	
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The flowers this week have been provided by **Diane Donaldson**.

VANCOUVER UNITARIANS MINISTER & STAFF

MINISTER	Rev. Shawn Gauthier
INTERN MINISTER	Janet Pivnick
DIRECTOR OF LIFESPAN FAITH DEVELOPMENT	Kiersten Moore
INTERIM DIRECTOR OF ADMINISTRATION	Derrick O'Keefe
OFFICE COORDINATOR	Marcus Hynes
BOOKKEEPER	Gordon Lowe
CHOIR DIRECTOR	David Buchan
MUSIC DIRECTOR	Elliott Dainow
TECH DIRECTOR	Christian Malcolm
HEAD CARETAKER	Paul Nash
CASUAL CARETAKERS	Vivian Davidson, Edgar Silveira, Abubakar Formuly, Mojave Adin, Joel Thomson, Nicole Mukiza, Nooriya Rokai
YOUTH AND CHILDREN	
PROGRAM STAFF	Ileanna Gowans, Alex Okrainetz, Christopher Wulff
LAY CHAPLAINS	Karen Bartlett
MINISTER EMERITUS	Rev. Dr. Steven Epperson

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